May 22, 2020
Press Release

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At press time, there is a total of 178 cases of COVID-19 in the Lincoln Trail District. Additional cases were confirmed today in Hardin and Washington Counties. The total number of cases per county is as follows: Hardin--92, LaRue--7, Marion--18, Meade--21, Nelson--34, and Washington--6. Currently, 168 cases are on home isolation or have been released from monitoring. County-level information can be found on the “COVID-19 Latest Updates” tab at ltdhd.org.

Memorial Day weekend traditionally kicks off the start of summer. Typically, this weekend is filled with large gatherings, picnics, parades, and travel. Due to COVID-19, this Memorial Day weekend will look a little different. To protect family and friends, the Governor and state officials are asking all Kentuckians to keep gatherings to ten people or less. It is recommended that families celebrate outdoors instead of inside a home. When hosting a gathering with people who do not live in your home, physical distancing is encouraged as well as wearing a cloth face mask. Everyone should wash their hands frequently or use an alcohol-based sanitizer in situations where soap is not available.

When sharing a meal, it is suggested to use disposable plates, cups, and utensils. Cover all food containers when not being used. It can be tempting for adults to gather around the grill for conversation, so remember to use adequate distancing. If using a backyard pool, do not allow children to share goggles, snorkels, or other personal items. Consider planning outdoor activities that naturally create space between people—biking, fishing, hiking, or water gun battles. And finally, take time to remember why we celebrate Memorial Day and find a way to honor the veterans who sacrificed so much for our freedom.