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Press Release

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At press time, there is a total of 264 cases of COVID-19 in the Lincoln Trail District. Additional cases were confirmed today in Hardin, Nelson and Washington Counties. The total number of cases per county is as follows: Hardin--128, LaRue--15, Marion--40, Meade--23, Nelson--48, and Washington--10. Currently, 249 cases are on home isolation or have been released from monitoring. County-level information can be found on the “COVID-19 Latest Updates” tab at ltdhd.org.

As Kentucky businesses slowly reopen and warmer weather draws people outdoors, many may be questioning the logic of continued COVID-19 restrictions. However, data indicates that continued precautions are necessary to prevent ongoing spread of the virus. Kentucky is among more than a dozen states that has seen an increase in cases--since Memorial Day weekend cases within the state have increased by 37%. Lincoln Trail District Health Department counties have seen a 36% increase in cases within the same time frame. Potential reasons for this spike may be increased testing, the easing of restrictions, or a sense among the community that conditions are safe now.

All COVID-19 cases are community spread. However, some individuals will know the source of infection while others will not. Among LTDHD cases, forty-three percent of individuals knew of their exposure to a person who was confirmed to have the virus (e.g. household members, co-workers). The remaining fifty-seven percent are not sure how or where they became infected. As the pandemic continues to evolve, disease control efforts must be constantly refined. Public health strategies will still be needed to prevent future spread of COVID-19. It is important that we remain diligent in practicing physical distancing, wearing cloth face masks when out in public, and frequently washing our hands. Simple but effective steps that will protect our loved ones and our communities.