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Press Release

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At press time, there is a total of 220 cases of COVID-19 in the Lincoln Trail District. Additional cases were confirmed today in Hardin, LaRue, Marion, and Meade Counties. The total number of cases per county is as follows: Hardin—108, LaRue—12, Marion—27, Meade—23, Nelson—44, and Washington—6. Currently, 206 cases are on home isolation or have been released from monitoring. County-level information can be found on the “COVID-19 Latest Updates” tab at ltdhd.org.

Initial coverage regarding the ill effects of COVID-19 primarily focused on older adults. However, recent data from the Centers for Disease Control indicates that younger populations are also vulnerable to COVID-19. Reports indicate that both teens and young adults have contracted COVID-19. In fact, 38% of cases in Kentucky have been in those under 40 years old.

Health education serves an important role in reducing the spread of COVID-19. As more is learned about the impact of the virus on this group, it is vital that they have access to reliable, age-appropriate information. Lincoln Trail District Health Department (LTDHD) is looking at strategies to disseminate accurate health information to this age group. A COVID-19 social media campaign using Facebook, Twitter, and Instagram began in May to target youth ages 13-25. In June, new website content for teens and young adults launched at ltdhd.org. However, we feel that it is critical to obtain the teen and young adult perspective within our communities to provide input on a tool intended for their use. A quick survey has been created to allow youth ages 13-25 to give direct feedback on how they seek information and the types of health information they search for. The link for the survey can be found at https://www.surveymonkey.com/r/82NQ5MC.