June 8, 2020
Press Release

At press time, there is a total of 243 cases of COVID-19 in the Lincoln Trail District. We are saddened to report two patient deaths in Hardin County. Additional cases were confirmed today in Hardin and Marion Counties. The total number of cases per county is as follows: Hardin--120, LaRue--12, Marion--37, Meade--23, Nelson--45, and Washington--6. Currently, 228 cases are on home isolation or have been released from monitoring. County-level information can be found on the “COVID-19 Latest Updates” tab at ltdhd.org.

One strength of local health departments is the ability to conduct public health surveillance—a continuous systematic collection, evaluation, and explanation of health-related data. Over the years, Lincoln Trail District Health Department (LTDHD) has monitored the health of its communities through food safety, birth outcome, obesity, smoking, immunization, and communicable disease rates. These data assist in defining health problems, guiding resources, and targeting interventions that reduce the impact of morbidity and mortality.

COVID-19 surveillance data has revealed that in our area the average age at onset of illness is 46 years old. The majority of those infected are white females. Cough, fever, muscle aches, fatigue and headaches are the most common symptoms reported. Sixty percent have a pre-existing medical condition. Chronic lung disease, diabetes, and cardiovascular disease are the most prevalent.

Data from increased testing is beginning to capture individuals who have COVID-19 but are asymptomatic. In the graph below, asymptomatic case numbers are represented in red. This revelation should not be surprising or cause alarm. Instead, this information should serve as a reminder that COVID-19 is still very present in our communities. It is important that we continue to practice physical distancing, wear cloth face masks when out in public, and frequently wash our hands. These simple steps will help reduce the spread of the virus and help to protect our loved-ones and our communities.

![COVID-19 Epi-Curve of Outbreak-Associated Investigations in Lincoln Trail District](image)

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