July 10, 2020
Press Release
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At press time, there is a total of 496 cases of COVID-19 in the Lincoln Trail District. Additional cases were confirmed today in Hardin, Marion, Meade, Nelson, and Washington Counties. The total number of cases per county is as follows: Hardin--245, LaRue--20, Marion--60, Meade--37, Nelson--109, and Washington--25. Currently, 480 cases are on home isolation or have been released from monitoring. County-level information can be found on the “COVID-19 Latest Updates” tab at ltdhd.org.

The number of COVID-19 cases across the United States has exceeded 3 million. On July 9th alone, over 64,000 individuals were diagnosed with the virus. Due to the alarming rise in cases, many states have opted to institute mandatory preventive measures to assist in slowing the spread of COVID-19. Kentucky is no exception. Yesterday, Governor Beshear announced that beginning July 10th at 5:00 pm, all Kentuckians will be required to wear masks in the following situations:

- While inside or waiting in line to enter any indoor public space in which a physical distance of six feet or more cannot be maintained from the next person. Examples of these types of public spaces include, but are not limited to retail establishments, grocery stores, pharmacies, hair salons, barber shops, restaurants, and health care settings.
- Outdoor public places where a physical distance of six feet cannot be maintained from the next person. Enforcement of the new mandate and the role health departments will play has not yet been determined.

A growing body of research indicates that face coverings, even homemade masks, can reduce the spread of COVID-19. This is true not only for the wearer, but for those around them as well. Yet, all face coverings are not equal when it comes to protection. A recent study by Oxford University revealed that loosely woven fabrics, such as scarves have been shown to be the least beneficial. Multilayered masks made of a combination of materials (e.g. cotton, silk), that fit snugly against the face with no gaping and that allow for comfortable breathing without restriction, are the most effective in preventing the spread of COVID-19.