At press time, there is a total of 365 cases of COVID-19 in the Lincoln Trail District. Additional cases were confirmed today in Hardin, Meade, and Nelson Counties. The total number of cases per county is as follows: Hardin--167, LaRue--17, Marion--48, Meade--32, Nelson--81, and Washington--20. Currently, 351 cases are on home isolation or have been released from monitoring. County-level information can be found on the “COVID-19 Latest Updates” tab at ltdhd.org.

The number of new COVID-19 cases continues to climb within the Lincoln Trail District. During the month of June, cases increased by 57%. The largest number of infections continue to be among white females, with the average age being 43.7 years old.

Minorities account for 35% of cases. At first glance, this percentage does not suggest cause for alarm. However, people of color only make up 10% of the total population within Lincoln Trail District Health Department (LTDHD) counties. This means that new COVID-19 cases among this group is 3 times greater than the total minority population within our service area.

Common symptoms reported include cough, headache, fatigue, sore throat, feeling feverish, and muscle aches. However, the number of individuals being tested who are asymptomatic is on the rise. Approximately, 60% of people with no symptoms are between the ages of 40-69 years old.

As a final note, instances of individuals gathering without face masks or implementing physical distancing is increasing. These two components serve as a catalyst for the increased spread of COVID-19. Now more than ever, it is important that our communities remain vigilant with physical distancing, wearing face masks, and frequent handwashing over the July 4th weekend and beyond.