Lincoln Trail District Health Department (LTDHD) has received confirmation of its first positive COVID-19 case in Washington County. This additional report brings the total number of cases in the Lincoln Trail District to nine with the remaining five in Hardin County, two in Nelson County, and one in LaRue County.

**The Impact of Social Distancing**

As a state we are still relatively early in our response to COVID-19. Social distancing remains our most powerful tool in fighting this virus. It is a strategy that is working, and the public must stay diligent in doing their part by continuing to make social distancing their norm. In doing so, the spread and transmission of COVID-19 can be dramatically reduced or prevented. A look at the two maps below proves this point. As of March 27th, the aggressive social distancing steps taken by Kentucky has resulted in only 302 positive cases with an increase of only 54 new cases yesterday. In comparison, Indiana had 1232 positive cases with an increase of 336 new cases in the matter of 24 hours.

**Indiana Cases of COVID-19**

**Kentucky Cases of COVID-19**

It is vitally important that we continue reducing our contacts to the minimum number possible to see the biggest impact on the reduction of new cases. The **healthiest place you can be right now is home.**