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Press Release

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Lincoln Trail District Health Department (LTDHD) has received confirmation of a sixth positive COVID-19 case in Hardin County. This additional report brings the total number of cases in the Lincoln Trail District to twelve, with three in Nelson, one in LaRue, one in Marion, and one in Washington.

Our actions during the next few weeks are critical. The amount we decrease our contacts now will make all the difference. In the words of the Governor, we now have two jobs: to protect ourselves and our families, and to act as if we already have the virus. Social distancing is now more important than ever. We can’t just protect people in the initial stages of this crisis. To defeat this virus on the first try, we must have endurance and know that this lifestyle change could last a while.

Here is a very basic explanation on why it is vital to stay home right now:

Please be mindful that social distancing rules still apply to all outdoor activities. It has become more difficult now that the weather is becoming warmer, but we will undo all of our progress if we start congregating at parks, garden centers, and sports facilities. Talk to your young children and teens about why limiting our contact is so important right now. Our youth are very tech savvy—encourage them to find creative ways to stay in touch with friends and loved ones. We can still stay connected even when we have to be six feet apart.

Lincoln Trail District Health Department

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