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Press Release

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There is a total of 20 cases of COVID-19 in the Lincoln Trail District. An additional case in Marion and Washington counties was confirmed today. The total number of cases per county is as follows: Hardin--7, LaRue--2, Marion--3, Meade--2, Nelson--4, and Washington--2.

The recommendation to stay six feet apart and stay at home are simple but powerful steps that are part of a broader effort to slow the spread of COVID-19. However, if this guidance from public health officials is disregarded it will only worsen an already difficult situation.

The spread of COVID-19 within a community may prompt individuals to seek care when it’s not necessary. Individuals who have no symptoms, even after contact with a confirmed case, do not need to visit a health care provider (HCP). Simply walking past or being in the same room as a confirmed case does not mean that you have COVID-19. Only those who were in contact (within 6 feet or less) with a confirmed case for 20 minutes or longer should call their HCP for guidance. When you seek care unnecessarily, you use medical resources that should be reserved for those who are at highest risk or are seriously ill. It is projected that Kentucky’s death toll related to this virus will range from 21,000-29,500 without intervention strategies. Kentucky’s current medical capacity would not allow us to respond to this influx of patients adequately.

Do your part to help your community by being healthy at home. Help the medical community be there for us when we need them the most!