Kentucky is in the red zone for cases, indicating 101 or more new cases per 100,000 population last week, with the 21st highest rate in the country. To date, sixty-eight of Kentucky’s one hundred and twenty counties are red. Only one Lincoln Trail District Health Department (LTDHD) county is not apart of the sixty-eight.

LTDHD has experienced a 340% increase in COVID-19 cases since July. October will end with the highest number of cases reported in a single month to date. The numbers are a testament that COVID-19 is spreading throughout our counties at very high levels. Following Governor Beshear’s recommendation for red counties can assist in reducing the spread of COVID-19 in all counties (see below).

Public health resources are not unlimited. The rise in cases has put a tremendous strain on public health resources and thus delayed the initiation of contact investigations. What does this mean? If you are a confirmed case or a close contact, it could be several days before you receive a phone call. In the interim, we request that you isolate/quarantine at home. Information on preventive actions to take while isolating or quarantining can be found at www.ltdhd.org.