



Lincoln Trail District Health Department

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FAX (270)-765-7274



November 17, 2020

ATTN:

- Hardin County Chamber of Commerce
- LaRue County Chamber of Commerce
- Marion County Chamber of Commerce
- Meade County Chamber of Commerce
- Nelson County Chamber of Commerce
- Washington County Chamber of Commerce

Re: Contact Tracing

Lincoln Trail District Health Department (LTDHD) resources are strained due to the overwhelming number of cases of COVID-19 within the jurisdiction. We have reached a point where we must prioritize contact tracing.

Rapidly identifying and isolating confirmed cases remains a top priority for our agency to mitigate the virus's unrestrained spread. We will continue to investigate all confirmed cases of COVID-19. However, LTDHD will no longer be conducting contact tracing and issuing quarantine orders or work releases on all individuals exposed to COVID-19. During an epidemic, contact tracing can be useful as a mitigation strategy to reduce the overall burden of disease. When disease incidence is too high, however, it exceeds public health system capacity and must be adapted to prioritize efforts. LTDHD will enlist the participation of new cases to notify all family, friends, coworkers, and others who may meet exposure criteria to self-quarantine for 14 days. Only confirmed cases and their contacts at higher risk for converting to COVID-19 (e.g., household contacts, vulnerable populations) would receive a phone call. This change in process does not eliminate the fact that all other individuals exposed to COVID-19 must still quarantine. We have attached a handout to assist you in navigating through the quarantine process.

We encouraged businesses to instruct employees to not report to work when sick, explore work from home options, and allow employees exposed to COVID-19 to quarantine at home to minimize the impact of spread of the virus among the remaining workforce.

Additional guidance on how to safely isolate or quarantine at home can be found at www.ltdhd.org. If you need support or help, submit questions or concerns to business@ltdhd.org or call 270-769-1601.

Sara Jo Best, MPH
Public Health Director

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270-763-0397 Clinic Fax
270-769-0312 Environmental Phone
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MARION COUNTY HEALTH CENTER
516 NORTH SPALDING AVENUE
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270-692-0200 Environmental Phone
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MEADE COUNTY HEALTH CENTER
520 HILLCREST DRIVE
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NELSON COUNTY HEALTH CENTER
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502-349-1557 Clinic Fax
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