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Press Release

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With the continuing surge of cases within all Lincoln Trail District Health Department counties, the safest way to celebrate Thanksgiving is at home with the people you live with. Gathering with families and friends who do not reside in your household increases your chances of getting or spreading COVID-19 or the flu.

COVID-19 Infection Timeline

Day 1
Dave was exposed to COVID-19

Day 5
Dave feels fine but wants to make sure he does not have COVID-19. His test results are negative.

Note: A negative test result only means that you did not have COVID-19 at the time of testing or that your sample was collected too early in your infection.

Day 8
Dave’s negative results make him feel safe. He attends a Thanksgiving gathering with 8 family members who do not live in his household while contagious.

Note: It can take up to 14 days for COVID-19 to develop. Individuals can be contagious two days before the test date or two days before symptom onset.

Day 10
Dave develops symptoms and gets another COVID-19 test. His results are positive. Dave has exposed 8 family members to COVID-19! Don’t be like Dave this holiday season!

Continue to take steps to protect yourself and others, wear a face mask, wash your hands often, and stay 6 feet or more apart from individuals who are not a part of your household.

Source: Centers for Disease Control

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